# **Randomized Model Selection as a Model Building** Strategy in Stepwise Logistic Regression

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Briefly

**Selecting predictors?** patients with septic shock or severe sepsis LOGISTIC REGRESSION » Discrete Optimization improved by genetic algorithm stable, better models

#### Introduction

Logistic regression is an approved method in the applied research for predicting the outcome of a binary variable Y using predictor variables  $X_i$  (see Harrell<sup>1</sup> and Steyerberg<sup>5</sup>). The coefficients  $\beta$  of the logistic model,  $P(Y=1|X_i=x_i) = 1/(1+\exp^{-(\beta_0+X_i^T\beta)})$ , are estimated



by maximum-likelihood estimation. The discrete optimization problem of selecting relevant predictors (a subset of all possible regressors and interactions) is the subject of this research.

### How to select a good set of relevant variables, including interactions?

Often the multivariate modeling was performed using the statistically significant univariate variables (e.g. Nguyen<sup>2</sup>). But what about confounding and interaction terms? Stepwise logistic regression with backward-elimination and forward-selection are commonly used (in medical publications see Sebat<sup>3</sup> or Shapiro<sup>4</sup>).

To improve an initial model by adding or removing one predictor (1st Generation). Aim: **Comparison:** The models of the 1st generation are compared using a criterion for model selection, such as the Bayesian information criterion, with k predictor variables, sample size n:  $BIC = -2\log L(\hat{ heta}) + k\log n$ The initial model will be modified towards the 1st-generation-model with the lowest BIC value iteratively. Steps:

**Termination:** The "mutation" ends, if no improvement is possible.

The classical stepwise regression ends only in a local optimum and depends strongly on the initial model (as illustrated right). It has various disadvantages<sup>5</sup>, like instability of the selection and biased estimation of coefficients.



#### Randomized Model Selection - heuristic technique & modified stepwise procedure

Models of the j-th generation are neighbor models of the initial model, by adding and removing exactly j regressors. Let l be the maximum number of considered generations. The fixed numbers  $g_1, \ldots, g_l$  denotes, how many neighbor models are considered at each generation.

#### Initial model randomly chosen

- Classical stepwise procedure tries to optimize the logistic model until a local optimum is reached
- $\blacktriangleright$  Only  $g_1$  modified models of the first generation are considered
- $\blacktriangleright$  From each of these  $g_1$  models the classical stepwise procedure tries to optimize
- Either the procedure leads to the previous optimum or it ends in some new local optimum

randomized models of the next generation are considered.

- The best model, concerning the BIC value, will be selected
- $\blacktriangleright$  If none of the  $g_1$  final models provides an improvement,  $g_2$  randomly chosen models of the second generation will be considered
- $\blacktriangleright$  The procedure ends, unless the *l*-th generation improves the logistic model

The number of generations l, its sizes  $g_1, \ldots, g_l$  and the number of involved variables determine the computing time.

In contrast to the classical deterministic procedure, not every possible neighbor model will be considered. Therefore steps to further generations are allowed and provides a way out of a local optimum.

## A genetic algorithm was used for optimization.

#### Application to sepsis data and validation of the new procedure

In a interdisciplinary collaboration with the team of Sepsisdialog (www.sepsisdialog.de) of the Universitätsmedizin Greifswald, managed by Dr. Matthias Gründling, we were able to rate the performance of the new strategy and investigate the intensive care unit survival of 746 patients with septic shock or severe sepsis between 2006 and midyear 2012. In 2008, a continuous training program of diagnostic measures and treatment was implemented.

#### **Response Variable:** 90-day-survival **Possible Predictors:**

- Demographic characteristics (age, gender)
- Septic diagnosis (6 possible predictors)

Initial models for the classical stepwise model selection were the empty model, the model with all linear terms, half of all possible interaction terms (Interaction) and three random models including 10, 15 and 20 terms (linear and interaction terms mixed).



The best model (lowest BIC) might be the one from the randomized model selection with five linear and two interaction terms. Bootstrapping (see Steyerberg<sup>5</sup>, Chapter 5.3) was used to evaluate the stability of the regression coefficients and of the AUC value (see figure 2b).



- Therapy (6 possible predictors)
- Training program group

**Model:** Logistic regression with bivariate interactions

Classical stepwise logistic regression with different initial models were compared with the randomized approach. The randomized model selection starts with a randomly chosen model with 10 terms. The method proceeds till the fourth generation  $([g_1,\ldots,g_4] = [5,10,15,20]).$ 

Figure 1 : Comparison of the local optima. Classical stepwise regression with six different initial models and randomized model selection. Filled circles: linear terms. Lines between circles: interactions. Unfilled circles: appearance only in interactions.

#### Conclusions

✓ Randomized algorithm was more successful ✓ Construction ensures to produce better or equivalent models ✓ Model selection seems to be more stable ✓ Random initial models can be used for enhancement ✓ Success of the training program of Sepsisdialog was verified

[1] Harrell, F. (2001). Regression Modeling Strategies. Springer, corrected edition. [2] Nguyen, H. B. (2004). Early lactate clearance is associated with improved outcome in severe sepsis and septic shock. Critical Care Medicine, 32:1637–1642. [3] Sebat, F. (2007). Effect of a rapid response system for patients in shock on time to treatment and mortality during 5 years. Critical Care Medicine, 35:2568–2575. [4] Shapiro, N. I. (2006). Implementation and outcomes of the Multiple Urgent Sepsis Therapies (MUST) protocol. Critical Care Medicine, 34:1025–1032. [5] Steyerberg, E. W. (2008). Clinical Prediction Models: A Practical Approach to Development, Validation, and Updating (Statistics for Biology and Health). Springer, 1st edition.

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